

Chat N Chew

Breakfast Season 2-3

Overnight Vanilla Berry Oats

- *1 ½ cup instant oatmeal*
- *1 cup Greek yogurt*
- *1 ½ cup vanilla almond milk*
- *1 ½ frozen mixed berries*
- *2 tbsp. chia seeds*
- *1 tbsp. maple syrup*
- *Cinnamon*

Mix and let sit for at least 30 minutes or overnight. Grab and go in the morning!