

Chat N Chew

<u>Southwest Salad</u>

- Spring mix
- Corn
- Beans
- Avocado
- Barbeque and Greek yogurt sauce (combine barbeque sauce and Greek yogurt)

Combine ingredients and enjoy!

Healthy Living for Wellness of Body, Mind and Spirit (909) 651-5540 | www.smartlifestyletv.com | P.O. Box 550, Loma Linda, CA 92354 | A Network of LLBN Loma Linda Broadcasting Network, Inc.