# Lessons of the Cards . . . How Do You Play Your Hand?









This sorting tool provides you with the following list of 20 word groups. Each word group has four words starting with the same letter and goes across the chart horizontally. An example, Group 1. Adaptable, Animated, Accurate, Action –Oriented. Place a number in front of each word. 4 = "SO ME." 1 = "NOT ME AT ALL." 3 = "PRETTY MUCH LIKE ME." And 2 = "Hmmm, NOT SO MUCH." In each word group you may use each number only once and you must place a number in front of every word. After you have given each word a numeric value, transfer those values to the next page and follow the instructions.

My characteristics on a Great Day							
1.	Adaptable	Animated	Accurate	Action-Oriented			
2.	Confident	Controlled	Considerate	Charming			
3.	Patient	Promoting	Persistent	Problem Solver			
4.	Independent	Idealistic	Involved	Inspiring			
5.	Decisive	Dramatic	Diplomatic	Disciplined			
6.	Productive	Playful	Persevering	Punctual			
7.	Systematic	Self-Reliant	Steady	Story-Teller			
8.	Leader	Low Key	Laughter	Logical			
9.	Open-hearted	Organized	Outgoing	Outspoken			
10.	Assertive	Agreeable	Aware	Artistic			
My characteristics on a Less than Great Day							
11.	Fearless	Fault finding	Follower	Feeler			
12.	Accommodating	Argumentative	Alienated	Avoidant			
13.	Domineering	Doubtful	Defensive	Disorganized			
14.	Overcommitted	Optimistic	Opinionated	Overly Sensitive			
15.	Flexible	Fair	Focused	Factual			
16.	Superior	Suspicious	Stubborn	Superficial			
17.	Do it my way	Don't do it	Do it later	Do it right			
18.	Caustic	Cutesy	Callous	Cold			
19.	Workaholic	Withdrawn	Worrier	Wild ideas			
20.	Principled	Permissive	Purposeful	Pessimistic			

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From the previous sorting tool, transfer the number you gave each word to this page and then add the columns. All the characteristics on a Great Day should total 100. Look at the largest number and circle it, this is your preferred style. Do the same with the bottom half of the page; again you should get a total of 100. Now, create a grand total of all the "Clubs" "Diamonds" etc. The **LARGEST** number or any number **within a 2 – 3 points** of the largest number is your preferred Temperament or Communication Style. You may have more than one preferred styles. Often our

style changes on a less than great day

My characteristics on a Great Day							
	Clubs	Díamonds	Heart	Spades			
1.	Action-Oriented	Animated	Adaptable	Accurate			
2.	Confident	Charming	Considerate	Controlled			
3.	Problem Solver	Promoting	Patient	Persistent			
4.	Independent	Inspiring	Involved	Idealistic			
5.	Decisive	Dramatic	Diplomatic	Disciplined			
6.	Productive	Playful	Persevering	Punctual			
7.	Self-Reliant	Story-Teller	Steady	Systematic			
8.	Leader	Laughter	Low Key	Logical			
9.	Outspoken	Outgoing	Open-hearted	Organized			
10.	Assertive	Aware	Agreeable	Artistic			
Total							
My characteristics on a Less than Great Day							
11.	Fearless	Feeler	Follower	Fault finding			
12.	Argumentative	Accommodating	Avoidant	Alienated			
13.	Domineering	Disorganized	Doubtful	Defensive			
14.	Opinionated	Optimistic	Overcommitted	Overly Sensitive			
15.	Focused	Flexible	Fair	Factual			
16.	Superior	Superficial	Stubborn	Suspicious			
17.	Do it my way	Don't do it	Do it later	Do it right			
18.	Callous	Cutesy	Caustic	Cold			
19.	Workaholic	Wild ideas	Worrier	Withdrawn			
20.	Purposeful	Permissive	Principled	Pessimistic			
Total							
Grand							
Total							

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### What Lessons of the Cards is:

- A way of looking at ourselves and others
- A method of understanding those who have different characteristics than we
- A generalization of our actions, not a prediction of our decisions
- Not a way of putting ourselves or others "in a box."
- A way of understanding what matters to others and allows us to respond differently to them
- A way of speaking the language that is meaningful to another
- A modern approach to the work of Hippocrates in 450 B.C.
- A fun and engaging tool using symbols that are common to cultures who play cards.

#### Disclaimer:

The Lessons of the Cards uses information from an observation of individual temperament traits which a person expressed when he or she responded to word descriptors in a survey. The word describers are based on common responses of many people. This sorting tool is not designed to be a complete evaluation of any one person and should not be used as a diagnostic tool. It only provides generalities about tendencies across a broad spectrum of people. Every person is a compilation of their natural tendencies, their life experiences and their backgrounds. This tool is not designed to be an intelligence test, a job skills test nor a psychological test. The express purpose is to create a simple methodology whereby we begin to understand and appreciate others and develop positive productive relationships with each other.

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