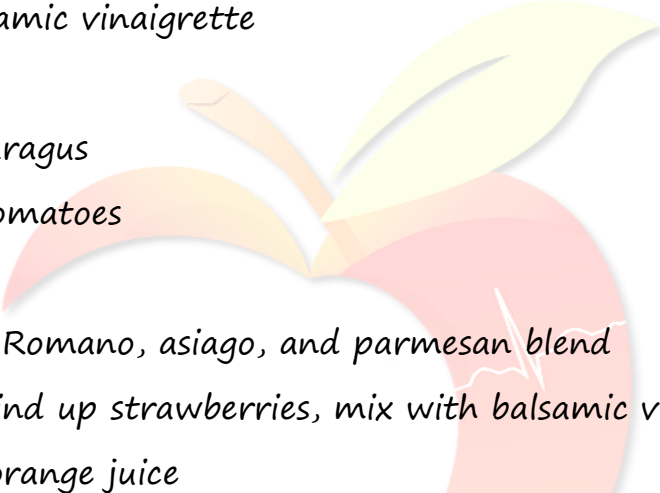


## *Chat N Chew*

### *Arugula Salad*

- *Orange balsamic vinaigrette*
  - *Arugula*
  - *Cooked asparagus*
  - *Sun dried tomatoes*
  - *Cranberries*
  - *Cheese mix: Romano, asiago, and parmesan blend*
  - *Dressing: grind up strawberries, mix with balsamic vinegar, olive oil, and ½ cup orange juice*
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*Mix and enjoy!*