

Chat N Chew

Candied Walnut Apple Salad

- Spring mix
- Walnuts
- Dried cranberries
- Apples
- Dressing: grind up strawberries, mix with balsamic vinegar, olive oil and water

Combine and enjoy!

Healthy Living for Wellness of Body, Mind and Spirit (909) 651-5540 | www.smartlifestyletv.com | P.O. Box 550, Loma Linda, CA 92354 | A Network of LLBN Loma Linda Broadcasting Network, Inc.