



# Smart LifeStyle Recipes

By Najwa Medina

## Mediterranean Potato Salad

**Servings: 12**

**Vegan**

4 pounds	Red Potatoes
3 each	Garlic Clove, chopped
¼ cup	Lemon Juice, freshly squeezed
¼ cup	Olive oil
¼ cup	Italian parsley, chopped
Salt, to taste	

1. Boil potatoes for about 15-20 minutes
2. Mix all ingredients
3. Pour over peeled/cubed potatoes
4. Mix and enjoy

*Per Serving (excluding unknown items): 162 Calories, 5g Fat (25.1% calories from fat); 3g Protein; 28g Carbohydrate; 2g Dietary Fiber; 0mg Cholesterol; 10mg Sodium. Exchanges: 1 ½ Grain(Starch); 0 Vegetable; 0 Fruit; 1 Fat.*